

Saturday, June 13 from 10:00 a.m. to 12 noon
at the Burroughs Audubon Nature Club in Victor

NATURE JOURNALING: The Art of Reflecting on the World Around You

Naturalists like Henry David Thoreau and Annie Dillard and nature-inspired poets like Walt Whitman and Mary Oliver use nature as inspiration for meaning in life. Come be inspired, sketch or write under the guidance of Angela Cannon-Crothers, naturalist, writer, and educator. While spending as much time outdoors as possible, we will engage in simple writing and drawing activities to help us tune into a deeper understanding of our environment.

Angela Cannon-Crothers is a professional naturalist and freelance writer who teaches creative- and nature-writing classes through Writers & Books. She is a regular contributor to Mountain Home Magazine. Other works have appeared in magazines such as *Life in the Finger Lakes*, *The Sigurd Journal*, *Green Prints Digest* and the book, *A Mile In Her Boots; Women Who Work in the Wilds* (Solas Hous, 2006). She has written two novels, one of which, *The Wildcrafter*, is available through Lulu.com.

Pre-registration for this workshop is required. Contact Carolyn Dancy at 381-5369 or via E-mail at cdancy@rochester.rr.com before June 10th.

A nominal fee of \$5.00 per person will be charged for this workshop.